

District 11 - GFWC Coral Gables Woman's Club



Coral Vine



Established in 1923

Volume 3 Issue 26

www.coralgableswomansclub.org

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July 2010

BOARD OF DIRECTORS

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Lindaakapb@aol.com

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tessiel3@aol.com

SECOND VICE PRESIDENT: Barbara Lapsley

barblaps@bellsouth.net

TREASURER: Nancy Desmangles

Nancy_desmangles@yahoo.com

REC. SECRETARY: Mayra Dominguez

Mayradominguez001@comcast.net

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DENTAL CLINIC DIRECTOR:

Iris Torres-Rivera

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FIRST DIRECTOR: Pam Schaefer

Hapygoddes@gmail.com

SECOND DIRECTOR:

Claire Frances Whitehurst

305-445-2128

THIRD DIRECTOR:

Dorothy Thomson

mayor85@aol.com

NEWSLETTER EDITOR:

Sandra Rodriguez

srcca05@yahoo.com

PRESIDENT'S MESSAGE



This first month of my tenure has been exciting and a learning experience for me. I made it through my first board meeting and general meeting— what a relief! Our June meeting was on safety and we were lucky to have **Lt. Troy Easley** of the **Coral Gables**



Fire Department come out and speak to us. He was very informative and had many great tips on keeping safe during a fire. The one thing that

sticks in my mind is the lesson on how to handle fire extinguishers **"PASS"** (Pull, Aim, Squeeze, Sweep) method. You pull the pin, aim the hose at the base of the fire, squeeze the trigger and sweep side to side. The main point to be taken was to always plan and/or practice for a fire or an emergency. If you know what to do in advance you will be much calmer if the situation arises. I want to thank **Claire Frances Whitehurst** for arranging for **Lt. Easley** to come and speak to us on safety. It was obvious from the questions and comments that everyone present enjoyed the program.

We welcome the activities and relaxation that summer months and vacations bring. We too as a club are also taking a short vacation from our regular meetings until August. We will continue to have our regular board meetings the 4th Wednesday of each month. There might be some fun activities taking place either with our club or sister clubs so watch the calendar and your e-mail for upcoming fun events. With this in mind, take time to relax, enjoy and come back in August refreshed ready to work and play, and more importantly to better our world. Your ideas are encouraged and always welcome.

On another note, I still have openings on the board for our Community Improvement Program and Historian. If you are interested please contact me for more information. I would like to welcome our new **Conservation Chairwoman, Claire Frances Whitehurst** and **Clubhouse Director, Barbara Lapsley**. I'm sure both will do a wonderful job in their new roles.

I want to wish you all a **SAFE, FUN, and HAPPY 4TH OF JULY**. Celebrate your independence and freedom and be grateful that your forefathers fought for their freedom and their future generations.

In Peace, Love and Unity,

Linda

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Nancy Desmangles
Treasurer
nancy_desmangles@yahoo.com

TREASURER'S REPORT



As of May 31, 2010:

We have the following:
\$31,993.71 in the Young Stovall Money Market
\$90,972.03 in the Amtrust Operating Account
\$2,874.45 in the Amtrust Money Market

Plans for June 2010 include opening a new money market account and transferring the money from the Young ,Stovall Money Market to the new Amtrust Money Market. This should bring us about 1.25% of interest.

Your treasurer,

Nancy Desmangles
Treasurer



Dr. Iris Torres-Rivera
Dental Clinic Director
iristorres@bellsouth.net

DENTAL CLINIC REPORT



DENTAL CLINIC REPORT 5/1/10 thru 5/31/10

PATIENTS SEEN-----	26
NEW PATIENTS-----	8
DENTAL PROCEDURES-----	51
DOLLAR AMOUNT OF SERVICES RENDERED-----	\$6,913.00

Welcome to our new assistant, Sandra Pilla.
Sadly we said goodbye to Rosalinda Cerruto. She has moved to the west coast of Florida.

Dr. Iris Torres-Rivera
Dental Clinic Director

SECOND DIRECTOR REPORT



Reminder to all of how important it is to keep a log of your activities as a member of your CGWC. At our next meeting I will give each member a form that we hope will help you in logging your time, financial support, and activities. Remember you cannot count the hours to attend a general meeting.

Remember each dollar, activity, and hour that you spend helps our Club receive the honors presented by State. Good luck!

Claire Frances Whitehurst
Second Director



Claire Frances Whitehurst
Second Director/
Chaplain/
Conservation
305-445-2128

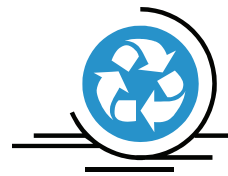
CHAPLAIN'S MESSAGE

As we begin the month of July, may your inner joy and vibrant spirit take wings and fly spreading light, warmth, and happiness to everyone you meet.

Keep a positive outlook in all you do and all you think.

Claire Frances Whitehurst
Chaplain

CONSERVATION REPORT



Welcome to the world of conservation!

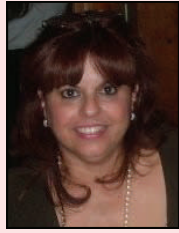
As chairwomen, we look forward to enriching the lives of all of our members.

The GFWC set the following 2 goals/objectives.

- 1) Enhance our environment for healthier living.
To increase member awareness of conservation issues.
- 2) To bring our club to the forefront in the community by way of conservation programs and activities.

I am so happy that Mayra Dominguez will be my partner in our Conservation activities. Tip of the month: Check your water heater temperature and move it to 115 degrees (no more than 120). July is recreation and parks month. Enjoy the outdoors!

Claire Frances Whitehurst
Conservation



Diana De Armas
Arts Chairwoman
Diana.deArmas@sci-us.com

ARTS REPORT

Summer Suggestions from the Arts Department:

Ladies, let's take advantage of our beautiful summer days for taking pictures. Remember we can enter them in the Arts Fair which will be here before you know it!

Flowers are in bloom, our beaches are beautiful day or night, and perhaps we could even take pictures of some beautiful sunsets wherever we are on vacation. We can also collect shells and get creative with them and enter them in the fair.

And on those lazy summer days, enjoy the "art of reading" - especially the book, "Eat, Pray, Love" by Elizabeth Gilbert and when the movie comes out on August 13th, you'll enjoy it so much more. The lead is Julia Roberts (my favorite)! We'll definitely make plans to see it as a girls night out. And last, but not least, the art of "shopping" - summer sales are the best! Beautiful beach towels, tote bags, colorful tropical place settings. Enjoy your summer!

Diana De Armas
Arts Chairwoman



"Winter is an etching, spring a watercolor, summer an oil painting and autumn a mosaic of them all."

--Stanley Horowitz



Claire Frances Whitehurst
Crimewatch
305-445-2128

CRIME WATCH REPORT

Our general meeting on June 2nd was a huge success! I was so honored as Program Chairwoman to introduce Lieutenant Easley of the Coral Gables Fire Department who presented an outstanding program on safety. He was very impressed by the number of questions members asked and very pleased that so much interest was given to the topic. He spoke about many important topics including: safety in the home, in the kitchen, near electrical appliances, smoke detectors, extinguishers and how to use them, the danger of candles being left unattended, traveling in a car, the danger of carbon monoxide, and in general everything related to safety. It was a greatly informative meeting.

Claire Frances Whitehurst
Crime Watch

PUBLIC ISSUES REPORT

Hurricane News:

The most important part of hurricane season is to be prepared! Here is a list of things to do:

- Prepare a household hurricane plan of action.
- Learn the storm surge history and flood zones of your area.
- Learn safe routes inland.
- Determine where to move your boat in an emergency.
- Check for loose rain gutters and down spouts.
- Check insurance coverage— It's best to have coverage for replacement cost, not cash value.
- Consult with a contractor for advice on securing your home.
- Check your first aid kit.
- Obtain plastic containers for storage of important papers, valuables and medical supplies.
- People with special needs that require evacuation assistance should register with the Miami-Dade county Office of Emergency Management at 305-273-6790.
- If you have a generator, keep it maintained year round. To keep moisture out of gas, start your generator monthly.
- Test generators, lanterns, portable stove, radio, grill and flashlights.
- Check your electrical meter. Make sure that the pipe connecting cable into your home is securely attached.
- Trim tree limbs. Call FPL (305-442-8770) to trim trees near power lines.
- Prepare hurricane supplies

Your hurricane supplies should include the following items:

- Portable cooler with ice
- Canned/pre-packaged foods (non-perishable)- two (2) week supply
- Canned/pre-packaged beverages (non-perishable)- two (2) week supply
- Baby foods/juices/milk (non-perishable)- two (2) week supply
- Baby diapers- two (2) week supply
- Bottled water- two (2) gallons per person per day
- Manual can opener and disposable eating utensils
- First Aid kit/Manual
- Medicines (prescription/over-the-counter)-two (2) week supply
- Toiletries/personal hygiene items/toilet paper/soap- two (2) week supply
- Pre-moistened wiping towels
- Pillow/blanket or sleeping bag
- Towel(s)/washcloth(s)
- Extra clothing
- Portable radio/extra batteries
- Flashlights/extra batteries
- Fire extinguisher
- Basic tool kit (hammer, nails, etc.)
- Birth and Marriage certificates
- Medical and immunization records
- Insurance policies (property, health/dental)
- ID cards: Drivers license/medicare (if applicable), health/dental member cards
- Plastic bags (heavy duty)
- Cards/games/books

Good luck and stay safe!

Mireya Kilmon

Public Issues Chairwoman



Mireya Kilmon
Public Issues/
FFWC Volunteer of the Year
Tessiel3@aol.com



Gloria Burns
Publicity Chairwoman
gloriagalburns@aol.com
305-968-3090

PUBLICITY REPORT



I hope you all are having a lovely, relaxing or, at least, productive summer. There is a lot of excitement in the air with the World Cup games and the upcoming NCAA baseball world series. If you love sports, like me, you know it has been a fun time and a great way to take our minds off greater concerns including the BP explosion and ongoing spill; natural disasters such as flash floods, volcanic eruptions, and tornadoes; as well as our military men and women serving overseas. I hope you will keep all those experiencing these hardships in your prayers.

Once again, I encourage you to keep your eyes open for our Club in the news and clip whatever you find for our scrapbook and reports. Most recently our Club was in the June 15th issue of the *Coral Gables News* with a photo of our guest speaker, Lt. Easley, along with Claire Frances and Mireya. They both looked terrific and Lt. Easley looked happy to be flanked by such attractive ladies.

To see the article, go online to www.communitynewspapers.com then click on archives and look for Coral Gables and then the June 15, 2010 issue. We are on page 5.

Also, many thanks to Community Newspapers for continuing to run our banner ad for the clubhouse rental. When you go online, you can also check out our web ad posted on that site.

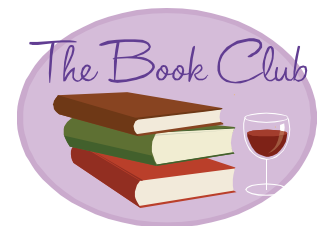
I look forward to seeing you all in August. May you all have a Safe and Happy 4th of July. God Bless the USA!

Love,
Gloria Burns



Barbara Lapsley
Second Vice President
barblaps@bellsouth.net
305-446-5445

BOOK CLUB NOTE



We have reach a final decision on our book club!!
The meeting date is July 12th (Monday) at Sabrina Perez-King's home (1536 N.E. 37th Avenue, Homestead)

The book is "In Cold Blood" by Truman Capote. Sabrina will send a menu list out in July on what to bring. Have a fun summer and keep reading !!

Barbara J. Lapsley
Second Director

"Books are the quietest and most constant of friends; they are the most accessible and wisest of counselors, and the most patient of teachers."

Charles W. Eliot

MARK FOUR CALENDARS



Mireya Kilmon
First Vice President/
FFWC Volunteer of the Year
Tessiel3@aol.com

July

- National Month For:** National Recreation and Parks
- July 4th** Independence Day
- July 12th at 7 PM** Book Club, "In Cold Blood" by Truman Capote, Hosted by Sabrina Perez-King
- July 14th at 2PM** Bingo Night Hosted by Mayra Dominguez and Claire Frances Whitehurst **(See Below)**
- July 28th, 6PM** Board Meeting, Clubhouse

There will be no regular meeting in July but we will resume general meetings on August 4th along with a fun night hosted by the Education Chair on August 18th.

August

- August 4th** General Meeting
- August 18th** Fun Night hosted by the Education Chair on August 18th

There will be no regular meetings in July but we will have a fun night hosted by the Education Chair on August 18th . The Board will continue to meet during the summer

**Bingo Night:
Wednesday, July 14, 2010 at
2PM**



Prices per cards are 3 for \$10.00 with a grand prize card for \$5.00
We invite you to a fun-filled afternoon right after lunch so you can enjoy some delicious desserts and coffee with us and get the opportunity to win some prizes!
PLEASE RSVP to Mayra (786) 282-7886 by July 10
Or to Claire Frances 305-445-2128

Birthday Wishes

In Our Thoughts and Prayers



July Birthdays

**July 15 - Nancy
Desmangles**

**July 16- Anne Margaret
Sirgany-Castro**

**Please remember to wish these
members a happy birthday!**

Our thoughts are with you!

Molly Adams

Pat Clarke

Claire Frances Whitehurst

To learn more about
GFWC Florida or the
GFWC Federation...

Visit the
State Website:
www.gfwcflorida.org
GFWC website
www.gfwc.org



GFWC Coral Gables Woman's Club
1001-1009 E. Ponce de Leon Blvd.
Coral Gables, FL 33134



Past Presidents CGWC:
Barbara Lapsley, MaryScull
Brown, Cathy Blanton,
Dorothy Thomson, Claire
Frances Whitehurst, Charo
Bolanos, and Pam Schaefer.

**ABOUT GFWC CORAL GABLES WOMAN'S CLUB
(DISTRICT 11)**

The Coral Gables Woman's Club is a social and community service organization that represents a wide spectrum of women of all ages. In existence since 1923, the Club is comprised of professionals and homemakers from Coral Gables, South Miami and other neighboring communities. Our common bond is a commitment to making Miami a better place to live through helping other organizations with community projects. In 1939, the Club founded the May Van Sickle Children's Dental Clinic for underprivileged children. It is located in our clubhouse and is the primary beneficiary of our fund-raising efforts.